



TRAMPOLINE
Report + Accounts
For the year ending 31 October 2018

Annual General Meeting Report 2019

Discipline	Trampoline
Prepared By:	Andrew Freeman

Highlights for previous year

- A new committee working together – sharing knowledge and advancing our region
- Holding an Open Meeting to share our challenges with clubs and seeking their support for future changes
- A new club for us, Elstree School of Gymnastics, entering our DMT events for the first time
- Our NDP Upskilling Day introduced clubs and coaches to the BG pathway
- Our Judge Upskilling Day for County judges helped to prepare candidates to pass their courses
- Judge courses being held in region for the first time in a few years: TRA County, TRA Regional, DMT Club
- Holding a Regional Team Final training camp for the first time and working closer as a team of coaches/clubs
- Introduction of a Range and Conditioning highly commended award – an added motivation for gymnasts
- TC taking responsibility for the event ticketing via Square, PAT testing, background music and new H&S items
- An increase in clubs and coaches attending the BG T&T Symposium than in previous years
- BG supporting and making it easier to run the London Youth Games

Concerns

- Lack of venue to host a combined trampoline and double mini trampoline competition
- Our trampoline venue, Harlington Sports Centre, closing for redevelopment in the upcoming year(s)
- Our DMT venue, Kingston Trampoline Academy, unenthusiastic to host future DMT events
- Too many competition days (14 in 2019 season) for volunteers
- No storage for new equipment purchases – region owned DMT set up, BG regulation safety mats
- Clubs not entering as many gymnasts as they would like to due to a lack of judges or suitably qualified judges
- No judge contact database for the TC to use for LG events
- Not enough L3 or higher coaches working in London clubs to build up gymnast to higher levels
- Not enough clubs entering the English Gymnastics or BG Spring Series events

Looking Forwards:

- Finding a new venue big enough for a combined trampoline and double mini trampoline event. Bringing all our competitions streams and clubs back together attending one big competition.
- Finding a storage solution for LG owned equipment between competitions
- Spending the legacy BTF monies on new equipment – DMT set up, new trampolines and safety matting
- Newly qualified Club, County, Regional and DMT judges putting their skills into action
- The quality of coaches and gymnastics performance improving. More clubs entering the English and BG Spring Series in 2020. Higher difficulty values being performed by London gymnasts. Higher placing at RTF
- Creating a LG judge/volunteer contact list to help fill unallocated slots at LG events.
- Finding a way to give every gymnast the opportunity to compete at LG events – relooking at judge allocation per club entry or reducing the number of roles

LG Trampoline
Period 1/1/18 - 31/10/18

Income & Expenditure Report and Balance Sheet

	<u>Income</u>	<u>Expense</u>	<u>Total</u>
Committee Costs		957.81	(957.81)
Grants receivable			0.00
Profit/ (Loss) on disposal of fixed assets			0.00
Computer costs (including newsletters)		2,183.30	(2,183.30)
Competitions	23,107.81	22,168.01	939.80
Profit for the Year	<u>23,107.81</u>	<u>25,309.12</u>	<u>(2,201.31)</u>

Cash Account	B'fwd 1/1/18	9,842.57
Profit/ (Loss) per accounts		(2,201.31)
Exclude depreciation		<u>5,853.35</u>
Cash increase/ (decrease) in the year		3,652.04
Purchase of fixed assets during the year		(1,654.72)
Purchase of stock during the year still held at Y/E		(427.70)
Cash float held at year end		(1,000.00)
Movement in Accruals during the year		(1,000.00)
Cash Account	C'fwd 31/10/18	<u>9,412.19</u>
Balance per bank statement @ 31/10/18		14,102.51
Add/ (Less) outstanding items		<u>(4,690.32)</u>
Balance per cashbook		<u>9,412.19</u>

Fixed Assets Held

DMT & Trampoline Equipment	Cost	22,520.32	Writing off over 5 years	Balance at 31/10/18	9,041.69
Computer Equipment	Cost	12,242.86	Writing off over 3 years	Balance at 31/10/18	1,103.15

LONDON GYMNASTICS

Providing the perfect balance of fun, passion and precision



TC BUDGET & PLANNING 2019

TECHNICAL COMMITTEE:	TRAMPOLINE
CHAIRMAN:	Andrew Freeman
LG STRATEGIC PRIORITIES: 2017- 2020	<ul style="list-style-type: none">➤ OPERATIONAL FRAMEWORK: Create a professional and accountable operational framework to support the effective delivery of the sport in London➤ PERFORMANCE & OPPORTUNITY: Deliver an inclusive range of programmes to support all levels of ability & aspiration.➤ REGIONAL IDENTITY: Maintain a strong regional identity which unifies the gymnastics community in London➤ SUPPORT NETWORK: Create a professional support network to underpin the effective development of gymnastics in London

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TC BUDGET & PLANNING 2019

	Objective:	Action planned:	Cost / budget :	Timescale:	Evaluation:
Events	<ol style="list-style-type: none"> 1. NDP Series 2. NDP Squad Training 3. London Youth Games 4. Regional Team Finals 5. London Championship Series 	<ol style="list-style-type: none"> 1. Continue to run competition programme. Promote 2020 series from June onwards 2. 1x training session to bring the team together. Need evidenced by phone calls with clubs and at Open Meeting. Budget to be set for venue plus expenses for coaches and judges who attend. £25 for gymnasts to attend training camp. 3. TC support LYG Foundation to run the event with organisation and local clubs supporting their borough(s). 4. Send a team of gymnasts and coaches. Select coaches to attend. Financially support the coaches to attend the event. 5. Run the three remaining qualifiers and the Championship event 	<ol style="list-style-type: none"> 1. £17,157 2. £1,044 3. £0 4. £4,250 5. £25,365 	<ol style="list-style-type: none"> 31 March 18 May 19 May 9 June 26-27 Oct 	
Disabilities	<ol style="list-style-type: none"> 1. Audit delivery in and out of BG registered club 	<ol style="list-style-type: none"> 1. Find people within clubs to enter the NDP Disability events. Join in with the co-ordinated activities lead by LG Inclusion Lead. New club in Bromley – promote the benefit of being part of BG and LG. Kingston starting sessions with Kingston Council and British Gymnastics. 	<ol style="list-style-type: none"> 1. £0 	Ongoing	
Gymnast	<ol style="list-style-type: none"> 1. Regional Squad 	<ol style="list-style-type: none"> 1. BG want all regions to have performance squads that mirror the Performance Pathway days. Run 1-2 sessions per year based on the requirements set by NW Gymnastics who are the basis for a regional structure. £25 for gymnasts to attend to cover the costs. 	<ol style="list-style-type: none"> 1. £1,044 	TBC	

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	Objective:	Action planned:	Cost / budget :	Timescale:	Evaluation:
Coaches	<ol style="list-style-type: none"> Promote 2020 BG T&T Symposium Level 3 Modules Platten Scholarship NDP Upskilling Day 	<ol style="list-style-type: none"> Advertise to clubs. Ask BG for flyers etc to hand out at autumn events. Source an appropriate venue with BG requirements so they can be held in London. Advertise and promote the LG scheme to coaches. Advancing from 2018. Clubs pay and bring gymnasts to learn and paying £25 per coach or gymnast. 3 hours. 	<ol style="list-style-type: none"> £0 £0 £0 £1,044 	<p>31 December</p> <p>31 March</p> <p>Ongoing TBC</p>	
Judges	<ol style="list-style-type: none"> Judge Course Venues Regional Judge entry requirements DMT Judge Course 	<ol style="list-style-type: none"> Find alternative venues in Central, East and South London so the region has a greater range of venues, so volunteers are not put off by the length of travel at the first stage of their judging journey. Request from clubs from telephone calls in August 2018. Increase the requirement to enter a regional level judge earlier on the entry form to encourage judges to upgrade and improve the knowledge of our regional judges. Host a DMT judge course so we can increase the knowledge in the region and support the growth of the discipline. 	<ol style="list-style-type: none"> £0 £0 £0 		
Special Project/s	<ol style="list-style-type: none"> 2020 Season Combine events Update workplan Update handbook 	<ol style="list-style-type: none"> See presentation. £33, 660 on equipment and storage. Only possible if LG MC financially support. Aim to bring all trampoline competitions together. Equipment storage and transport solution. Improved event venues. Spend of legacy BTF monies. Share event costs with British Schools and LG Rhythmic for events. Refresh our workplan to the new LG version Update our handbook to work in the LG generic event rules, aim to reduce the number of pages to make it easier for other gymnastics clubs to use 	<ol style="list-style-type: none"> £33,660 £0 £0 £400 		

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	Objective:	Action planned:	Cost / budget :	Timescale:	Evaluation:
	5. T-Score	5. Upgrade to this new system used by other regions. It should also reduce the admin time spent by the competition organiser.	5. £500		
	6. IT upgrades	6. £2,000 so we can run the event without being reliant on volunteer or external providers computers and equipment.	6. £2000		
	7. Branding Refresh	7. Buy new banners and LG branded items to refresh old/broken items	7. £350		